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Father in heaven, may the faith you have gifted us in your son Jesus Christ, our brother, and the flame of charity kindled in our Hearts

by the Holy Spirit, reawaken in us, the blessed hope for the coming of your Kingdom. May your grace transform us into diligent cultivators of the evangelical seeds that make humanity and the cosmos rise unto the confident expectation of the new heavens and the new earth, when with the powers of Evil overcome, your glory shall be manifested eternally. May the grace of the Jubilee reawaken in us, Pilgrims of Hope, the yearning for heavenly treasures and pour over all the earth the joy and peace of our Redeemer. To you God blessed in eternity, be praise and glory for ever and ever.

Amen
– Pope Francis

## Jubilee Indulgence

## **Pilgrimages**

 Go to the Cathedral\* and make an appropriate act of devotion. Ex: Mass, Rosary, Adoration of the Blessed Sacrament.

 Go to one of the other parishes\* in the pastorate that you are not a member of and make an appropriate act of devotion.

\*if you are physically unable to attend in person due to health reasons, you may pray the Our Father, the Profession of Faith, and prayers united with the Holy Year in your home

## Works of Mercy

 Visit those who are in need (the sick, prisoners, lonely elderly, disabled, etc.)

## What is an Indulgence?

- An indulgence is the remission of the temporal punishment of sins whose guilt has already been forgiven, which is done through conditions described by the Church.
- Additional Conditions for Receiving an Indulgence:
  - Be in a state of grace and complete detachment from sin
  - Sacrament of Confession
  - Receive Holy Communion
  - Pray for the Pope's Intentions

Full details can be found at divinemercysf.org

